



PARTNERS:
James A. Cisco, MD
Sarah G. Cueva, MD
Margaret M. Miller, MD MPH

Recommend Reading for Parents

General Parenting

[Becoming the Parent You Want to Be: A Sourcebook of Strategies for the First Five Years](#)

[Touchpoints-Birth to Three Revised Edition](#)

[Touchpoints 3 to 6](#)

[The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids](#)

[The Highly Sensitive Child: Helping Our Children Thrive When The World Overwhelms Them](#)

[Positive Discipline: The First Three Years, Revised and Updated Edition: From Infant to Toddler--Laying the Foundation for Raising a Capable, Confident](#)

[Raising Your Spirited Child, Third Edition: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, and Energetic](#)

[Mom and Dad Are Always So Busy](#)

ADHD

[ADHD: What Every Parent Needs to Know](#)

[Taking Charge of ADHD: The Complete, Authoritative Guide for Parents \(Revised Edition\)](#)

[Smart but Scattered: The Revolutionary Executive Skills Approach to Helping Kids Reach Their Potential](#)



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Adopted Children

[Caring for Your Adopted Child: An Essential Guide for Parents](#)

[The Chosen Baby](#)

[Over the Moon: An Adoption Tale](#)

[My New Family: A First Look at Adoption \(A First Look at...Series\)](#)

[The Day We Met You \(Aladdin Picture Books\)](#)

Autism

[Autism Spectrum Disorders: What Every Parent Needs to Know](#)

[The Autism Sourcebook: Everything You Need to Know About Diagnosis, Treatment, Coping, and Healing](#)

[1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders](#)

Death

[Lifetimes: A beautiful way to explain death to children](#)

[Cat Heaven](#)

[Dog Heaven](#)

[The Mountains of Tibet](#)

[The Tenth Good Thing About Barney](#)

[When Dinosaurs Die: A Guide to Understanding Death \(Dino Life Guides for Families\)](#)



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Depression/Anxiety

[The Anti-Depressant Book: A Practical Guide for Teens and Young Adults to Overcome Depression and Stay Healthy](#)

[Helping your anxious child: a step-by-step guide for parents](#)

[What to do when you worry too much](#)

[Freeing Your Child from Anxiety](#)

[Freeing Your Child from Negative Thinking](#)

Divorce

[What About the Kids? Raising Your Children Before, During, and After Divorce](#)

Eating/Feeding

[Child of Mine: Feeding with Love and Good Sense, Revised and Updated Edition](#)

[How to Get Your Kid to Eat: But Not Too Much](#)

[The Pediatrician's Guide to Feeding Babies and Toddlers: Practical Answers To Your Questions on Nutrition, Starting Solids, Allergies, Picky Eating, and More \(For Parents, By Parents\)](#)

[Food Fights: Winning the Nutritional Challenges of Parenthood Armed with Insight, Humor, and a Bottle of Ketchup](#)

[Help Your Teenager Beat an Eating Disorder, Second Edition](#)

[How to Nourish Your Child Through an Eating Disorder: A Simple, Plate-by-Plate Approach to Rebuilding a Healthy Relationship with Food](#)

[No Weigh!: A Teen's Guide to Positive Body Image, Food, and Emotional Wisdom](#)



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New Siblings

[Siblings Without Rivalry: How to Help Your Children Live Together So You Can Live Too](#)

[The Berenstain Bears' New Baby](#)

[It's Not the Stork!: A Book About Girls, Boys, Babies, Bodies, Families and Friends](#)

Sensory Process Disorder

[The Out-of-Sync Child: Recognizing and Coping with Sensory Processing Disorder](#)

[The Out-of-Sync Child Has Fun, Revised Edition: Activities for Kids with Sensory Processing Disorder](#)

Sleep

[Kids, Parents, and Power Struggles: Winning for a Lifetime](#)

[Healthy Sleep Habits, Happy Child, 4th Edition: A Step-by-Step Program for a Good Night's Sleep](#)

[Solve Your Child's Sleep Problems: New, Revised, and Expanded Edition](#)

Teenagers

[Parenting Your Out-of-Control Teenager: 7 Steps to Reestablish Authority and Reclaim Love](#)

[Uncommon Sense for Parents with Teenagers](#)

[A Tribe Apart: A Journey into the Heart of American Adolescence](#)

[Untangled: Guiding Teenage Girls Through the Seven Transitions into Adulthood](#)



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Puberty

The Care and Keeping of You: The Body Book for Younger Girls, Revised Edition
THE CARE AND KEEPING OF YOU: THE BODY BOOK FOR YOUNGER GIRLS,
REVISED EDITION

The Boy's Body Book: Everything You Need to Know for Growing Up YOU

Growing Up: It's a Girl Thing: Straight Talk about First Bras, First Periods, and Your Changing Body

The "What's Happening to My Body" Book for Girls, Revised Third Edition

What's Happening to My Body? Book for Boys: Revised Edition

It's Perfectly Normal: Changing Bodies, Growing Up, Sex, and Sexual Health

It's So Amazing!: A Book about Eggs, Sperm, Birth, Babies, and Families

The Period Book: A Girl's Guide to Growing Up

Guy Stuff: The Body Book for Boys

Middle School Makeover: Improving the Way You and Your Child Experience the Middle School Years

Vaccines

Do Vaccines Cause That?! A Guide for Evaluating Vaccine Safety Concerns

Autism's False Prophets: Bad Science, Risky Medicine, and the Search for a Cure
Vaccines and Your Child: Separating Fact from Fiction